Lenten Lunch Lifts │ Wednesdays │ 12:00 pm
Join us each week during Lent at 12:00, noon, for a mid-week devotional. Find the Lenten Lunch Lifts on our Facebook page and YouTube, which are linked on linktree, www.linktr.ee/bfumc.

Candy Donations Please
We need candy, non-melting, wrapped, for our spring Fling Egg Hunts. Donation bins will be located in the Stars Café and the Narthex.

Church Workday
Please help us on Saturday, March 20, at 9:00 a.m. to help clean up the grounds and spread pinestraw. The more hands the easier the task.

Coffee With the Pastor
Are you interested in learning more about our church membership? Coffee With the Pastor is scheduled for Sunday, March 28, at 5:00 p.m. Anyone interested in exploring membership to BFUMC is welcome to come and tour the church, hear about BFUMC and to ask questions, and get to know our pastor. Anyone who would like to attend please contact the church office 770-867-3727, info@bethlehemfirstumc.com, or Pastor Frank, 770-362-7998, frank.bernat@bethlehemfirstumc.com.

Uncertainty is a natural and unavoidable part of life. Very little about our lives is totally certain, and while we have control over many things, we can’t control everything that happens to us. As the COVID-19 pandemic has shown, life can change quickly and very unpredictably. You may have suddenly become sick, lost your job, or found yourself struggling to put food on the table, or keep your family safe. You may be anxious about when the pandemic will end or if life will ever return to normal. To cope with all this uncertainty, many of us turn to worry. Worrying can make it seem like we have some control over uncertain circumstances. We may even believe it will help us find a solution to our problems. Maybe if we agonize over a problem long enough, think through every possibility, or read every online opinion, we’ll find a solution and be able to control the outcome. Unfortunately, none of this works. Worrying can’t give us more control over uncontrollable events; it just robs us of enjoying the present, saps our energy, and keep us up at night. That’s why Jesus encourages us not to worry about the pressures of this life, but to learn to put our full trust in Him! If life’s pressures are getting to you, take a moment to reflect on God’s care for you in the past. Then, commit each of your worries to Him and refocus on doing His will.
We come to worship, weighed down with worry; Worry about money, worry about work, worry about the future.

We come to worship hoping to hear a word; A word of hope, a word of assurance, a word of peace.

Jesus reminds us that we do not need to worry. If God cares for the birds of the air and the flowers of the field, won’t God care for each one of us?

We come to remember that God knows our every need and will provide.

Let us worship God.

We choose to worship and praise God, who is always with us, helping us to overcome our uncertainties, worries, fears, and anxieties.

God of yesterday, God of tomorrow, God of this very moment; we confess that we often waste our energy in worrying about things over which we have very little control. Often our fears and our anxieties overwhelm us. We come to you, seeking the strength and courage that only you can provide. We come to grow in our confidence in you so that our faith will overcome our uncertainty, worry and fears. We come to relinquish our worries and be freed from our burdens that we may fully experience your peace and joy. Help us to remember that we cannot add a single moment to our lives by worrying about the future, and that worrying about the future keeps us from living fully in the present. Help us to trust in your love and goodness. In Jesus’ name we pray, Amen.

God will take care of you. Amen.

I believe in the Holy Spirit, the holy catholic church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

Gloria Patri

Glory be to the Father and to the Son and to the Holy Ghost; as it was in the beginning, is now, and ever shall be, world without end. Amen. Amen.

We are a praying church ~ During this time of distancing, we need to continue to pray for one another. Please email your prayer requests to info@bethlehemfirstumc.com and they will be emailed out Monday in the weekly PrayerNet.